



NYS Apples  
NYS Potatoes  
NYS Onions

March  
2025 K-5



Lunch  
LAKE SHORE



Menu is subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
3  Hop on Pop-corn Chicken Sam I Am Corn 3/4c <b>Milk-8oz</b> ** Hooray ** Sidekick Frozen Fruit Juice = ½ cup fruit	4 Nacho Grande w/Tostitos, Cheese & Salsa	5 Macaroni and Cheese	6 Loaded Potato Wedges w/Taco Meat, Cheese Sauce & Sour Cream/Salsa	7 NO SCHOOL
10 Chicken Tenders w/Dipping Sauce Green Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	11 8" Taco w/Meat, Cheese and Salsa Baked Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	12 Spaghetti and Meatballs Green Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	13 Hamburger/Cheeseburger On a Bun <b>NYS Carrots 3/4c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	14 Cheese Pizza SUPERINTENDENT'S CONFERENCE DAY
17 Mozzarella Sticks w/Marinara Sauce Potatoes 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	18 Taco In A Bag w/Cheese and Salsa Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	19 Grilled Cheese Sandwich Green Peas 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	20 Chicken Alfredo <b>NYS Carrots 3/4c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	21 Cheese Pizza Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
24 Hamburger/Cheeseburger On a Bun Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	25 8" Taco w/Meat, Cheese and Salsa BBQ Baked Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	26 Goulash Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	27 Breakfast for Lunch French Toast Sticks w/Sausage <b>NYS Potatoes w/ Onion 3/4c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	28 Cheese Pizza Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
31 Macaroni and Cheese Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	<div>  <div> <b>PAY FOR MEALS ONLINE</b>   </div> </div>			If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org. Additionally, ingredient and nutritional information is available upon request

### NYS LOCAL FOODS

\*Upstate Farms

Milk, Yogurt, Sour Cream

Preston Farms

Assorted Varieties of Apples

Eden Valley Growers

Assorted Fruits & Vegetables

used in Meal Program

highlighted in green

### The Following Entrees Served Daily:

Peanut Butter & Jelly Sandwich (2M2G)

#### Monday's:

Ham or Turkey Sandwiches (2M2G)

#### Tuesday and Thursday's:

Fruit & Yogurt Parfait w/Flatbread (2M2G)

#### Wednesday and Friday's:

Julienne Salad w/Flatbread (2M2G)

#### Offered daily

with all School Lunches:

**Fresh or Prepared Fruit**

(Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

**NY State 8oz 1% or Skim**

**White Milk**

**Fat Free Chocolate Milk**

**Students Receive Free Lunches**